

NLA-COLUMBUS

July 2007

This newsletter is published monthly to further the educational outreach mission of NLA-Columbus and to share information about the local, regional, and national BDSM and Leather communities.
www.nlacolumbus.com



Foot, Shoe, and Boot Worship July Events and Updates

July Meeting. The July NLA-Columbus meeting will feature a primer on foot, shoe, and boot worship by our own Lady Di. Do you own more pairs of shoes than you know what to do with and still salivate every time you drive by a shoe store? Does a certain gleam hit your eye whenever you spy that perfect pair of leather boots? Have you ever fantasized about incorporating your lust for your partner's tootsies into your sex play? Does the idea of giving your lover a to-die-for pedicure seem particularly titillating to you?

If you can answer yes to any of these questions (or even if you're thinking "no", but you've got an open mind and a creative libido), then this workshop is for you! During the presentation we'll discuss the basics of foot, boot and shoe worship, from psychological issues (Turned on by feet? What???) to the pragmatics of how to care for your or your lover's feet and footwear. We'll also discuss resource information for finding that oh-so-hard to procure perfect pair as well as brainstorming ideas for super-hot foot play scenes. Strap-on your stilettos, wedges and Mary Jane's for this very well-heeled (hehe!) workshop!

About the Presenter. LadyDi is a polyamorous, bisexual, Dominant-leaning Femme switch from Columbus, OH. She is currently the recording secretary for NLA-Columbus and also an active member of Adventures in Sexuality, a pan-poly BDSM organization in Central Ohio. Her shoe collection has grown rapidly in her decade in the alternative sexuality scene and she's never one to walk away from a hot pair of heels, particularly if they are red and shiny. Even if she already owns four pairs that look almost exactly alike, but aren't.



photo by Nicole

NLA-C and Sterling Shadow were Linked By Kink at the Columbus Pride Parade, June 23.



Register NOW for the 15th Anniversary Celebration, Workshops, and Party

Register at nlacolumbus.eventbrite.com

For more info, visit 15anniv.nlacolumbus.com

SCHEDULE OF EVENTS

Friday, August 10, 2007 - 8:00 pm

Meet & Greet (at host hotel)

Fetish Shopping Trip and Bar/Club Run, transportation provided by NLA-I

Saturday, August 11, 2007

8:00 am - 6:00 pm - Registration - Hospitality Suite

9:00 am - 6:00 pm - Vendors open for business

10:00 am - 5:00 pm - Classes

5:00 pm - 7:45 pm - Dinner Break/Free Time

8:00 pm - 9:00 pm - Anniversary Celebration and Dessert Reception

9:00 pm - 2:00 am - Play Party

Sunday, August 12, 2007

NLA-International Annual General Meeting & Brunch

Key Note Speaker - Hardy Haberman, Lifetime Achievement Award Winner - 2007

WORKSHOP SCHEDULE
 NLA-Columbus 15th Anniversary Celebration
 Saturday, August 11th, 2007

For more info, visit <http://15anniv.nlacolumbus.com/>
 (note: class schedule subject to change, be sure to check final schedule at registration)

10:00 to 11:15	10:00 to 11:15
Leather Radio Network: Getting the Message to the Masses	Queer Space
<i>Master Bob</i>	<i>Shane</i>

LUNCH	LUNCH
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12:45 to 2:00	12:45 to 2:00
The Leather Journey of Daddy and boy	Future of NLA-I Forum
<i>Daddy Eric & Boy Earl</i>	<i>Vince Andrews</i>

2:15 to 3:30	2:15 to 3:30	2:15 to 3:30
The Art of Erotic Biting	CBT: Cock & Ball Torture	D/s Contracts
<i>Michelle Belanger</i>	<i>Kimi</i>	<i>Dan & dawn</i>

3:45 to 5:00	3:45 to 5:00	3:45 to 5:00
Interrogation and Abduction	Playing With Singletails and Signal Whips	PanPolyBDSM: Pansexual Polyamorous BDSM
<i>Hardy Haberman</i>	<i>Master Richard</i>	<i>Barak & Brat Sheba</i>

Erotic and/or Disciplinary Spanking within the context of a bDDsm lifestyle

By Raheretic

Last month, Raheretic recounted his early experiences. He continues his story here. He uses the term bDDsm to connote the practice of Domestic Discipline within the overarching context of a BDSM relationship.

* * *

During the party I encountered one of the women with whom I'd lunched. She had seen me play, and offered to come to my apartment with her submissive and play. As we did so, she told me that I was practicing BDSM with "far more enthusiasm than skill." She offered to give me technical training in the how-to's of BDSM practice. She was viewed by many within the BDSM community as a "guru." She had been in practice for 35 years at that point. I was pleased to have this opportunity so generously made available to me.

Training expanded my horizons. I had paddles and some crude straps. She had a huge and varied collection of professional quality implements. I learned to use a flogger, dressage whip, quirts, and straps of various materials. I learned the different types of sensations these implements could create. I learned by topping her after she would demonstrate techniques on me. This was a mind-blowing experience. I was bottoming. I would never have to imagine what it felt like to be a bottom again. I now knew. I knew how to create pleasure, to create building endorphin release that could make even intense pain stimuli pleasant, or to create extreme pain. I was taught where to hit. If my control was weak and I struck an unsafe area, I was immediately disciplined for it. I never imagined myself bottoming. I wasn't harmed by it. Not only was it educational, I learned it could be pleasant. I became a switch. I became a BDSM practitioner, not simply a beater of bottoms with paddles.

A few years later, I married a wonderful woman, my submissive, sly (teresa), who is my wife today, and while she lost her masochistic orientation due to a serious and horribly painful illness years later, she remains my committed service submissive. She has become an excellent Top, an orientation she once found as impossible as I found the likelihood I would ever relate as a bottom. We also live with sly's sister-heart, and my slave and great love Sue (Rahereticsswan), who wears my initials ritually carved into the back of her shoulder as her symbol of my ownership of her. She is a pure masochist and high-end player. We have fun "freaking out" newbies in dungeons at BDSM conferences with the intensity of our play.

I no longer hate myself. My erotic orientation is a gift. I am skilled at relating to those for whom I care in ways that can please those who share my gift. I can create erotic pleasure or sadomasochistic intensity. I can help women make changes in their life that they desperately want to accomplish, but have been unable to muster the motivation to achieve. I can bottom and go into subspace with the best of bottoms. I can help new persons to this life understand their orientation is just that, an orientation, not a curse, and not a reason to hate them selves. I can help them grow in their BDSM practice. I can keep them safe as they explore.

She told me I was practicing BDSM with "far more enthusiasm than skill."

It has been a journey, but it is one that fills my life with joy and love, not self-denigration and longing as once was my lot. My life long question was: "How can I, a compassionate, caring, loving, man, enjoy inflicting painful spankings on people whom I love?" I now know that those "painful" stimuli are intense sensations conveying erotic and loving connection.

Erotic Spanking

Sensual/erotic spanking involves the intentional building of sensations starting with mild "thuddy" implements which can be applied in successively more intense styles and materials, allowing a bottom to "ladder" up in the secretion of endorphins. The goal is to create such gradual escalation of sensation that one adjusts at each level to not only tolerate the spanking they are receiving, but come to enjoy it. Eventually, this will result in reaching a state of endorphin intoxication known as "sub space." Once there, even intensely stinging and painful stimuli, become bearable and a source of pleasure. Throughout this process intervals of sensually pleasurable stimulation such as massage, or stroking with a knifepoint, or with soft fur, can further enhance the pleasure of this kind of experience. The Top in this kind of experience needs to become sensitive to the non-verbal nuances of his partner. Most people become barely verbal to non-verbal once sub-space is achieved.

Next month, Part 3: Disciplinary Spanking

Raheretic welcomes your comments at
raheretic@cs.com.

Thud and Sting

Theories about the Physics of Impact Play

By Samantha Roberts

This is the final installation in Samantha's series about the physics of impact play. Thank you, Samantha, for the time and effort spent researching and writing these easy-to-read, enlightening articles.

* * *

The great danger in analyzing a mass of observations, and trying to explain why they happened as they did, is that you may be totally wrong. The flip side to that, of course, is that by doing so you have forced your brain to work a little harder and may have gotten a few other people thinking about the issues and maybe, just maybe, you may have helped to stave off Alzheimer's for a little while. Of course, you may also have come up with something useful, whether it is exactly right or not. At the risk of the first and in hopes of the last, then, here are a few thoughts to try and summarize this series on toys for impact play.

I contend now as I did at the beginning of this series, that all toys for impact play follow the same principles and work in the same way when they strike the skin. The differences in how they feel exist simply because each design emphasizes different qualities, and the question is how can we choose a toy to deliver the kind of sensation we wish to produce?

The first question to ask, and the basic trade-off to be made, is between sting and thud. I do not see these as opposites, but as nearly independent of each other. Sting is a measure of how the toy interacts with the skin surface, and thud is what happens to the layers of tissue beneath the skin. Because the impact starts at the skin surface, most toys will produce at least a little bit of sting even if they are extremely thuddy. On the other hand, is it fairly easy to find a toy that will dissipate its energy entirely in the top layers of the skin and produce no thud effect. So do we want thud or sting, or do we desire some combination of them?

For thud we want a deep, slow impact so that the energy of the blow carries through the skin into the muscle, which lead us to these basic toy characteristics: heavy and low velocity, wide impact zone, and a soft surface on the toy to reduce initial impact on skin.

To get sting we need a quick impact on the surface of the skin only, resulting in the following: light toy and high velocity, narrow impact zone, a hard surface to maximize initial skin impact, edges and surface texture to increase surface impact effects and to increase drag

if this is a flexible whip or flogger.

The second question, which is where I begin to think about specific designs and materials, is what intensity do we want from this toy? Is it to be a warm-up tool, or a general purpose toy with a wide range, or a scene-ender that can give very high intensity?

Back in the days of muscle cars, it was said that "there is no substitute for cubic inches." In other words, the easiest and most efficient way to get the sort of performance desired of a muscle car was to use a big engine that produced a lot of torque. The same idea holds in impact toy design... for thud, there is no substitute for weight; for sting, no substitute for speed.

For thud, there is no substitute for weight. For sting, no substitute for speed.

The question is, how much weight and how much speed do you need to get the effect you want? The ultimate in high-intensity thuddiness might be some sort of soft, flexible tube filled with sand or BBs or shot for weight, wrapped in fur or soft neoprene foam... pure thud and lots of it. I've made a flogger with five tails like that and it works well, but it weighs about 6 pounds and is very hard on the arm of the person swinging it. As a practical tool, a soft but heavy leather such as buffalo or moose would make a flogger with a much wider range of use, able to be almost as intensely thuddy but with less danger to the top's arm and the bottom's body.

For sting there are more options available, as almost anything can be made to sting if you can swing it fast enough. The ultimate is probably a piece of thin string at the end of a singletail whip, but if you do not want that extreme intensity or to develop the high degree of skill needed to handle it safely, you can back away from that to something shorter and more easily mastered... a dressage whip, or a cat of some sort, perhaps? Each family of impact toys has a characteristic kind of "feel" to them, but in terms of the basic sting/thud and intensity questions each variety can be designed and used to most of the useful range of sensation.

Samantha welcomes your comments at
MsSam53@yahoo.com.

Somewhere Over the Rainbow

My 2nd Leather Retreat

By Stone Lover

*Somewhere over the rainbow
Way up high
There's a kinky place that I've heard of
Once in a lullaby
Somewhere over the rainbow
Butts and thighs are blue
And the dreams that you dare to dream
Really do come true...*

Excuse the paraphrase, but it's what popped in my head after returning home from this year's Leather Retreat. The trip to the camp was rather different than last year. Everything was packed, or so we thought, that we thought was on the list that was relevant to last year's trip plus a few things extra. Having done it once before I had a bit of overconfidence, this would quite literally nip me in the ass later. The days were great, the pool was divine, the play was phenomenal, the scenes were awesome, but at 3am (without any blankets, sweats, or pajamas) the nights were as cold as a S.O.B.

As we left Ohio, with a severe storm warning following us all the way and a storm front ahead of us, I wondered if camp was going to be a wet one. But I didn't care, I'd be at LR. Hanging with friends (new and old), running around buck-ass naked and being as naughty as my imagination could conceive. As we pulled to the gate the next morning everything was beautiful, that's when the song popped into my head.

Single-tails, floggers, and canes... Oh My!?!

Have you ever wanted to live a bohemian lifestyle? The kind that we in the lifestyle only get to do in short moments behind closed doors or at parties? Or to play to your heart's content, do the scene that required 300 ft. of rope and scaffolding so you can finally give that "flying fuck" to your Dom or S.A.M. that they may have said a hundred times, "...they don't give?" How about a chance to experiment? Have you ever wanted to be abducted or abduct someone? ...Single-tailed outside? ...Suspended from a tree? ...Ravaged by several men or submit to several women? Have you ever wanted to be invited to a strap-on party, a gangbang, gang-rape, gang-tickled! How about a Cuddle Party, Touch party, Tickle party, or a Hogtieving contest? As wild as this may sound, it is even more fun and interesting to do or see.

Dessert with Rita

With the upcoming stay at camp, I really wanted to do something for all those about to experience it for their first time. We are such a great little community of

BDSMers and I thought maybe "WE" could have a little something together as a scene. Prior to leaving, I spoke with Rita of my idea and she said it sounded great. Well, we had already planned a "LR Kickoff Cookout" before the event, and that was when I shared my idea with the rest of the Columbus folks and my scene was set into motion. We finalized our plan at camp and it was decided that Friday after dinner we all were invited to have dessert with Rita ...or more precisely "Dessert On Rita."

I'm sure some will think it as us being overly self-indulgent but this is an example of how liberating Leather Retreat can be. And really... how often do you get the chance to have your friends for dessert?

Everyone met at the Barn (the secondary designated play space at LR) and brought their contribution to the buffet we were going to put together. With about 10 people in all, we began to add various toppings and cakes to our wonderfully ticklish and gleeful NLA-C friend. Whipped cream, Ho-hoes, Ding-dongs, cherries, chocolate pieces, Vanilla wafers & Vanilla pudding, (hopefully the pun isn't lost on you all) ribbons of chocolate and caramel syrup, OH! and since they are her favorite lots and lots of TWINKIES!!! Half the joy in this was watching Rita giggle and squirm as cold and sticky joined with her to make a wonderfully set buffet for her friends new and old. Once our masterpiece (pun intended) was completed I gave an impromptu speech. "I would like to thank everyone for coming and for helping Rita start her weekend with a very memorable scene. Unfortunately we don't have spoons or folks, so everyone will just have to dive in!"

All in all it was a great scene, tasty, a wonderful crescendo to the evening events. I'm sure some will think it as us being overly self-indulgent but this is an example of how liberating Leather Retreat can be. And really... how often do you get the chance to have your friends for dessert? I don't know about the rest of you, but I'll take Rita dipped in chocolate with a box of Twinkies over a cruise any day.

Stone Lover welcomes your comments at
thewhippinstone@yahoo.com

Learning the 3 F's at Leather Retreat

By kat

All day Daddy said that i needed to be back at the cabin by 4:25. But He would not say why. At 4:30 we were sitting around camp just talking and watching all the folks doing their thing. Even watching a scene right next to us. Then our cabin mates came out, LJ and Thinky. They are so much fun. Out they came, LJ dressed as a cow and Thinky as a pink bunny. They lay a white sheet out on the ground and pulling out an extension cord. We were all wondering what are those two up to now. (Giggle) The next thing i know i have a cow's hoof and a bunny's foot on my shoulder make their animal's noises a moooooo in 1 ear and a chittering in the other. I started giggling. "What are you two up to?" They took me over to the white sheet and ask me to lie down. There was another couple next to me using a Hitachi wand and at first i thought, "Ok this was the Hitachi wand races we were talking about before camp." But unknown to me this was more then a race for me. LJ the cow and Thinky the bunny were rubbing their hands on me to relax me. And the next thing i know LJ was rubbing something all over my body. And when she started rubbing my pussy it was a bit warm. Ooo my it was warm but it was a GREAT warm. It was HOT and i don't mean hot in temp. Then i realized that they were using ginger root on me. i was being figged!!! OOOO MY (everyone look out, i am buying all the ginger root in Columbus.) At one point LJ and Thinky asked me if i knew how many people were watching what we were doing. They said about 12 sitting around on lawn chairs watching. Oooo so cool, then i felt something more, a cooling liquid being added. LJ had been entering my vagina with her fingers and the next thing i knew i was being fisted. Thinky helped me set up a bit to feel LJ's hand inside of me. It was awesome. Then while her hand was inside of me they were using that Hitachi wand to make me come before during and after. i came so much it was incredible. How could i have that much umph inside of me. LJ even did it 1 more time saying she knew i had 1 more good 1 inside of me and boy did i. So one thing i did learn in camp was the 3 "F's" (Figging, Fisting done by a Furry) all done by a cow and a bunny. Maybe the fisting would be considered a hoofing? Just remember 1 thing subs: when you talk to your Dom and you don't think He is listening and responding, remember they are storing all this info in their memories to bring it out in 1 BIG Fantastic scene. !!!!!!!!! Thank You Big Daddy Stone, LJ and Thinky for making this an Awesome Fantastic camp ever!!

kat welcomes your comments at
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June 07 Financial Report

<u>Income:</u>	
NLA-C Dues	160.00
NLA-I Dues Received	140.00
Studio35 Fund Raiser	447.00
Anniv General	375.00
Anniv Box Lunch	93.50
Anniv Brunch	160.00
Eventbrite Fee	4.95
Vending	50.00
<u>Total Revenue</u>	1430.45
Gross Profit:	1430.45
<u>Operational Expenses:</u>	
Printing Newsletter	9.12
PayPal Fees	19.76
Eventbrite Fee	1.98
Web Fees	76.55
NLA-I Dues Exp	140.00
Studio35 Fundraiser	530.00
<u>Total Expenses</u>	777.41
<u>June Net Profit</u>	653.04
<u>Assets:</u>	
Cash on Hand 05/31/07	5,114.73
Legal Fund Restricted	200.00
Bldg Fund Restricted	100.00
Cash Available 06/30/07	4814.73
<u>Year to Date Summary</u>	
Income	3961.05
Expense	2862.43
Net Income [YTD]	1098.62

Calendar of NLA-Columbus Events

Sunday, July 8	Board Meeting (12 noon) & General Meeting (2 pm) Meetings are held on the second Sunday of every month. Topic: Shoe and Boot Worship Presenter: Lady Di	The Stonewall Center 1160 N. High Street (at the corner of High and 4th) Note: Please notify a board member in advance if you plan to attend a board meeting.	Board meetings are open to NLA members. General meetings are free and open to all.
Wednesday, July 11	Munch Every Wednesday at 6:30 pm	The Surly Girl. 1126 N. High St. (corner of High and 4th)	Free and open to the public
Tuesday, July 17	15th Anniversary Celebration Planning Meeting 7 pm	Bear Rock Cafe at Graceland Shopping Center 5063 N. 4th Street	Open to all. New volunteers are always welcome to join us.
Wednesday, July 18	Munch Every Wednesday at 6:30 pm	The Surly Girl. 1126 N. High St. (corner of High and 4th)	Free and open to the public
Saturday, July 21	Bar Night 3rd Sat. of every month, 11pm.	Exile 893 N. 4th Street	Admission: \$2
Wednesday, July 25	Munch Every Wednesday at 6:30 pm	The Surly Girl. 1126 N. High St. (corner of High and 4th)	Free and open to the public
August 10-12	NLA-C 15th Anniversary Celebration and NLA-I AGM	Visit 15anniv.nlacolumbus.com for more information.	Open to all. Preregistration (\$40) is required.

Calendar of other local group events

Sterling Shadow Club of Dayton hosts monthly meetings on the third Tuesday of every month, and a party on the first Saturday of every month. Visit sterlingshadow.com.

SORE (Southern Ohio Resource and Education) and **CORDS** (Central Ohio Real Domination and submission) host workshops, roundtables, munches, parties, and dinners. <http://groups.yahoo.com/group/SORE> and cordsinfo.org.

CARE (Cincinnati Area Rope Enthusiasts) hosts a monthly educational and very fun Rope Rendezvous Workshop. For info, <http://www.ds-arts.com/shevah/CARE>

AIS (Adventures in Sexuality) hosts monthly parties and special interest groups, including discussion groups for dominants and submissives. The next club party is scheduled for July 21. The AIS-TNG contingent hosts monthly munches on the 2nd Tuesday at Union Cafe for members aged 18-35. For more info: adventuresinsexuality.org.

M_O_R_A_L hosts a munch every Thursday. For info: groups.yahoo.com/group/M_O_R_A_L/

Fightclub Ohio hosts a munch on the first Tuesday and third Saturday of each month, and a party on the second Saturday of each month. For more info, fightclubtng.org.

MAST (Masters And slaves Together) hosts monthly open meetings for people who desire to live a D/s lifestyle. More info: groups.yahoo.com/group/MAST_General

PEER (Power Exchange & Erotic Role-playing) hosts munches, meetings, parties, and classes in Cincinnati. More info: [bdsm-peergroup.com](http:// bdsm-peergroup.com).

OhioSMART hosts educational meetings and play parties in Cleveland. For information visit ohiosmart.org.

Centurions and **Trident** host a Bar Night at Woofs on the second Friday of each month at 10pm. For information about gay leather in Columbus, visit: leather-links.net.

Please send calendar listings and announcements to Rita@nlacolumbus.com.